



# PrudentMD Aesthetics

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## **Dermal filler - information**

### **Post-procedure:**

- Application of an ice pack or cold compress to the injection area after procedure may help reduce swelling. If swelling or redness persists, please contact physician.
- It is normal to feel firmness in the injection area for the first few days after treatment. Over time, the area will soften, leaving you a natural looking result.
- Bruising at the site of injection is a commonly reported side-effect. To minimize bruising, inform provider if you use blood thinners such as ibuprofen, aspirin, warfarin, or herbal preparations prior to procedure.
- A temporary amount of minimal to moderate swelling can be expected following treatment. This should dissipate following injection. Please contact physician if swelling persists.
- It is normal to experience mild tenderness at the treatment site for a few days.
- Most patients immediately return to their normal routine activities. However, you should check with your physician.
- Makeup may be applied shortly after treatment.
- The injection area may be gently washed a few hours after treatment. Avoid scrubbing or rubbing the area for 3-5 days.
- Sunbathing, sauna, steam rooms or excessive UV exposure should be avoided until the redness or swelling has subsided.
- Please call physician at 732-404-0044 for any post-procedure concern.

### **General guidelines:**

- Pregnant, breast-feeding females should not get the procedure done.
- Allergic reaction can rarely occur just like any other product.
- Please notify physician if you have had dermal filler within 1 year.
- With aging, facial skin shows more wrinkles and loses the volume due to loss of collagen. During and after the filler treatment you can expect reduction in wrinkles and increase in volume thus reducing the effect of aging. The face looks younger.
- The effect of dermal filler lasts 6-12 months.
- Do not have electrolysis, facial waxing and/or depilatories for approximately five days post procedure.
- Do not have another treatment until your clinician advises you to do so.