



PrudentMD Aesthetics

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Hydrafacial - information

Post-procedure:

- Patients immediately return to their normal routine activities. However, you should check with your physician.
- Usually there is no discomfort or downtime with the treatment.
- Makeup may be applied shortly after treatment.
- Sunbathing, sauna, steam rooms or excessive UV exposure should be avoided.
- Please call physician at 732-404-0044 for any post-procedure concern.

General guidelines:

- Pregnant, breast-feeding females should not get the procedure done.
- Allergic reaction can rarely occur just like any other product.
- Lymphatic drainage improves circulation, detoxifies and tones the skin. It helps in restoration of skin hydration, aids in healing post-surgical bruising or swelling. It removes the toxins from the skin.
- Hydrafacial treatment involves cleansing and exfoliation using glucosamine, optional glycolic/salicylic acid peel, extraction using salicylic acid and honey extract, optional peptide infusion for wrinkle reduction and hydration with antioxidants from vitamin A, E, white tea extract, rosemary leaf extract, horse chestnut seed extract, hyaluronic acid.
- LED light therapy has therapeutic benefits – in acne, inflammation etc. It also helps in skin's production of Vitamin D.
- Hydrafacial can be done prior to laser procedure, botox or dermal filler treatment.
- Please inform physician if you had botox, fillers, microdermabrasion, dermabrasion in recent past. In such case, it is best to wait 3-7 days before hydrafacial treatment.
- Hydrafacial can be done on same day or a day before your big event – for example, wedding, party, interview etc. It is advisable that you try the treatment once prior to such event.